

TECHNICAL DAN GRADE EXAMINATION FORM



Candidate's Name:		Memb. No.:	
		Current Grade:	
SECTION 1: Nage-waza		SECTION 2: Ne-waza	
Nage-waza:		Ne-waza:	
1st SET		1st SET	
O-goshi	Hon-kesa-gatame	Seoi-nage to Seoi-otoshi	Harai-goshi countered by Ushiro-goshi
Uki-goshi	Kuzure-kesa-gatame	O-uchi-gari to Ko-uchi-gari	Uchi-mata countered by Tai-otoshi
Tsuri-goshi	Ushiro-kesa-gatame	Hiza-guruma to Ashi-guruma	Ko-uchi-gari c/b Harai-tsuru-komi-ashi
Tsuri-komi-goshi	Makura-kesa-gatame	2nd SET	
Tai-otoshi	Mune-gatame	O-goshi to Uki-goshi	O-uchi-gari countered by Ko-soto-gari
Ippon-seoi-nage	Kata-gatame	O-uchi-gari to Ko-soto-gake	Ko-soto-gari countered by Uchi-mata
Morote-seoi-nage		O-soto-gake to O-soto-gari	O-soto-gari countered by O-soto-gaeshi
Seoi-otoshi		3rd SET	
2nd SET		Tai-otoshi to Seoi-nage	Hiza-guruma countered by O-uchi-gari
Ashi-guruma	Hon-kami-shiho-gatame	De-ashi-barai to Harai-tsuru-komi-ashi	De-ashi-barai countered by Tsubame-gaeshi
O-guruma	Kuzure-kami-shiho-gatame	Tai-otoshi to Uchi-mata	De-ashi-barai countered by Ko-uchi-gari
Harai-goshi	Hon-yoko-shiho-gatame	4th SET	
Hane-goshi	Kuzure-yoko-shiho-gatame	O-soto-gari to Nidan-ko-soto-gari	Harai-goshi countered by Utsuri-goshi
Uchi-mata	Hon-tate-shiho-gatame	Ippon-seoi-nage to Uchi-maki-komi	Koshi-guruma countered by Ura-nage
Harai-maki-komi	Kuzure-tate-shiho-gatame	Harai-goshi to Soto-maki-komi	Uchi-mata c/b Uchi-mata-sukashi
Hane-maki-komi		5th SET	
Soto-maki-komi		Ko-uchi-gari to O-uchi-gari	Tai-otoshi countered by Ko-soto-gake
3rd SET		Ko-uchi-gake to Ko-uchi-gari	Tani-otoshi countered by O-uchi-gari
O-soto-gari	Nami-juji-jime	Ko-soto-gari to Nidan-ko-soto-gari	Ippon-seoi-nage countered by Yoko-guruma
Ko-soto-gari	Gyaku-juji-jime	MARKS AWARDED FOR SECTION 3:	
O-uchi-gari	Kata-juji-jime	SECTION 4: Renraku-waza	
Ko-uchi-gari	Tsuki-komi-jime	SECTION 6: Renraku, Kaeshi, Nogarekata	
O-uchi-gake	Ryote-jime	Nage-waza:	
Ko-soto-gake		1st SET	
O-soto-guruma		Ko-uchi-gari to Tai-otoshi	Kuzure-kesa-gatame to Ude-garami
Sode-tsuru-komi-goshi		Hiza-guruma to O-soto-gari	Escape Kesa-gatame to any Osaekomi-waza
4th SET		Ko-uchi-gari to Ippon-seoi-nage	
De-ashi-barai	Hadaka-jime	2nd SET	
Okuri-ashi-barai	Okuri-eri-jime	Uchi-mata to Ko-uchi-gari	Kesa-gatame to Hiza-gatame
Sasae-tsuru-komi-ashi	Kata-ha-jime	O-uchi-gari to Tsuru-komi-ashi	Escape Yoko-shiho-gatame to Sangaku-jime
Harai-tsuru-komi-ashi	Sode-guruma-jime	Sasae-tsuru-komi-ashi to De-ashi-barai	
Hiza-guruma	Koshi-jime	3rd SET	
Uki-otoshi		Ashi-guruma to Tani-otoshi	Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame
Tomoe-nage		Harai-goshi to O-soto-gake	Kata-juji-jime countered by Hiza-gatame
Sumi-gaeshi		O-soto-gake to Seoi-otoshi	
5th SET		4th SET	
Kata-guruma	Ude-garami	O-goshi to O-uchi-gake	Tate-shiho-gatame to Juji-gatame
Koshi-guruma	Juji-gatame	Ko-uchi-gari to Yoko-tomoe-nage	Escape Yoko-shiho-gatame to Kata-te-kata-ashi-jime
Yama-arashi	Ude-gatame	Ippon-seoi-nage to Ko-uchi-gake	
Tani-otoshi	Hiza-gatame	5th SET	
Yoko-otoshi	Waki-gatame	Ippon-seoi-nage to Okuri-ashi-barai	Juji-ashi-shiho-gatame to Juji-gatame
Yoko-wakare		O-uchi-gari to Uchi-mata	Tate-shiho-gatame to Mae-sode-jime
Yoko-gake		Ko-soto-gari to Tai-otoshi	
Uki-waza		MARKS AWARDED FOR SECTION 4:	
MARKS FOR SECTION 1:		MARKS AWARDED FOR SECTION 6:	
MARKS FOR SECTION 2:			
Notes for the Examiner: Marking will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance and write their name and membership number below.			
Section 1: _____ Memb No: _____ Date: _____		Section 6: _____ Memb No: _____ Date: _____	
Section 2: _____ Memb No: _____ Date: _____		Section 7: _____ Memb No: _____ Date: _____	
Section 3: _____ Memb No: _____ Date: _____		Section 8: _____ Memb No: _____ Date: _____	
Section 4: _____ Memb No: _____ Date: _____		Section 9: _____ Memb No: _____ Date: _____	
Section 5: _____ Memb No: _____ Date: _____		Section 10: _____ Memb No: _____ Date: _____	

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SECTION 7: Nage-no-kata (Holders of Level 1 Nage-no-kata Certificates are exempt from this section)						PASS	EXEMPT	
		R	L			R	L	TOTAL
1st SET - Te-waza	Uki-otoshi			Kata-seoi			Kata-guruma	
2nd SET - Koshi-waza	Uki-goshi			Harai-goshi			Tsuri-komi-goshi	
3rd SET - Ashi-waza	Okuri-ashi-barai			Sasae-tsuri-komi-ashi			Uchi-mata	
4th SET - Ma-sutemi-waza	Tomoe-nage			Ura-nage			Sumi-gaeshi	
5th SET - Yoko-sutemi-waza	Yoko-gake			Yoko-guruma			Uki-waza	

SECTION 8: Katame-no-kata (Holders of Level 1 Katame-no-kata Certificates are exempt from this section)						PASS	EXEMPT
1st SET - Katame-waza		2nd SET - Shime-waza		3rd SET - Kansetsu-waza			
Kuzure-kesa-gatame		Kata-juji-jime		Ude-garami			
Kata-gatame		Hadaka-jime		Juji-gatame			
Kami-shiho-gatame		Okuri-eri-jime		Ude-gatame			
Yoko-shiho-gatame		Kata-ha-jime		Hiza-gatame			
Kuzure-kami-shiho-gatame		Gyaku-juji-jime		Ashi-garami			
TOTAL							

SECTION 9: Gonosen-no-kata (NOTE - This set can be replaced by any other Kodokan kata with a BJA certificate)						PASS	EXEMPT
1st SET - Ashi-waza		2nd SET - Koshi-waza		3rd SET			
O-soto-gari c/b O-soto-gaeshi		Tsuri-komi-goshi c/b Ushiro-goshi					
Hiza-guruma c/b Hiza-guruma		Koshi-guruma c/b Uki-goshi					
O-uchi-gari c/b Nidan-ko-soto-gari		Hane-goshi c/b Sasae-tsuri-komi-ashi					
De-ashi-barai c/b Tsubame-gaeshi		Harai-goshi c/b Utsuri-goshi					
Ko-soto-gake c/b Tai-otoshi		Uchi-mata c/b Uchimata-sukashi					
Ko-uchi-gari c/b Sasae-tsuri-komi-ashi		Ippon-seoi-nage c/b Sumi-gaeshi					
TOTAL							

SECTION 10: Kokusai Shiai Waza					
1st SET		2nd SET		3rd SET	
Ryo-hiza-seoi-otoshi		Ryo-ashi-tomoe-nage		Ko-uchi-gake-makikomi	
Kata-hiza-tai-otoshi		Yoko-tomoe-nage		Kata-sode-tsurikomi-goshi	
Yoko-kata-guruma-otoshi		Ashi-hara-gatame		Kata-eri-sode-tsurikomi-goshi	
4th SET		5th SET			
Ushiro-hiza-ura-nage		Kata-sode-seoi-otoshi			
Morote-eri-seoi-nage		Kata-hiza-ouchi-gake			
Morote-kata-sode-tai-otoshi		Kata-te-ashi-koshi-jime			
TOTAL					

OVERVIEW - Points Requirements	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
Section 1: Single Techniques	One from each set Examiner's choice 40 from 50	Two from each set Examiner's choice 80 from 100	Three from each set Examiner's choice 120 from 150	Four from each set Examiner's choice 160 from 200	Five from each set Examiner's choice 200 from 250
Section 2: Single Techniques	One from each set Examiner's choice 40 from 50	Two from each set Examiner's choice 80 from 100	Three from each set Examiner's choice 120 from 150	Four from each set Examiner's choice 160 from 200	Five from each set Examiner's choice 200 from 250
Section 3: Renzoku-waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Section 4: Renraku-waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Section 5: Kaeshi-waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Section 6: Renraku, Kaeshi, Nige waza	One set Examiner's choice 16 from 20	Two sets Examiner's choice 32 from 40	Three sets Examiner's choice 48 from 60	Four sets Examiner's choice 64 from 80	All five sets 80 from 100
Section 7: Nage-no-kata	Any ONE kata 180 from 300	Any TWO kata 180 from 300	All THREE kata 180 from 300	All THREE kata* 180 from 300	All THREE kata* 180 from 300
Section 8: Katame-no-kata	Any ONE kata 90 from 150	Any TWO kata 90 from 150	All THREE kata 90 from 150	All THREE kata* 90 from 150	All THREE kata* 90 from 150
Section 9: Gonosen-no-kata (or alternative kata)	Any ONE kata 72 from 120	Any TWO kata 72 from 120	All THREE kata 72 from 120	All THREE kata* 72 from 120	All THREE kata* 72 from 120
Section 10: Kokusai Shiai Waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Pass Mark	THE MINIMUM PASS MARK FOR EACH SECTION IS 80% EXCEPT KATA WHICH IS 60%				

Notes for the Examiner: Marking will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance. Holders of Level 1 (or higher) Kata certificates are exempt from the corresponding section(s) and are to attach copies of their certificates. For Section 9, certificates in Koshiki-no, Goshin-jutsu, Kime-no and Ju-no-kata will be accepted instead of Gonosen-no-kata. *Holders of technical 3rd Dan are exempt from Sections 7, 8 and 9. Holders of competitive 3rd Dan and above must complete Sections 7, 8 and 9. *IT IS ANY 1 OF THE 3 KATA FOR 1ST DAN, ANY 2 KATA FOR 2ND DAN AND ALL 3 KATA FOR 3RD DAN.

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